



Fresh Farms Co-op LLC Membership Form

(208) 899-6682 www.idahofreshfarms.org

Membership in Fresh Farms Co-op LLC provides consumers with access to local food products. These items are listed on the website, and delivered to the member's home on a regular basis, subject to supply and delivery days selected by the co-op (available products and delivery info available online at www.idahofreshfarms.org). Member orders are filled on a first come, first served basis. Members place orders and pay for products monthly. To join the Fresh Farms Co-op LLC, members submit a membership application, which is reviewed by Fresh Farms Co-op LLC for approval. An application is approved or added to a waiting list depending on these and other factors: whether a delivery route is established in applicant's area and on projected product supply. Membership does not guarantee product availability, due to the uncertainty of animal production and yield. Upon approval of membership application, members pay a small \$40 fee (per year) for basic membership and then select the type, quantity, and delivery frequency of products they desire. Payment options for membership and orders include cash, check and PayPal. PayPal payments will be assessed a 3.5% fee. Raw milk obtained from Fresh Farms Co-op LLC is for consumption only by the member's household. We reserve the right to refuse service.

Terms of Membership:

ORDERING PRODUCTS: Member orders must be placed via online form or written order, to be provided with Fresh Farms Co-op LLC before the 15th of the previous month for the next month's deliveries. After an order is placed, an order invoice will be sent to the member. The member shall review his or her order invoice and request any changes needed no later than seven days prior to the 1st day of the coming month. After this deadline, orders may not be changed, as a courtesy to producers who have contracted to provide requested items. Orders placed must be paid in full in advance of the month's first delivery. Usually, members will pay for the next month's order on the last delivery day of the current month. Additional items may be ordered subject to availability. If members are unable to receive delivery of items ordered and purchased, and notify the co-op at least one week (seven days) in advance of the scheduled delivery, those items will be credited to the member's account and may be scheduled for a later delivery. If payment is not received prior to the first delivery day, items ordered will not be delivered and member accounts may be subject to new payment terms. Prices are subject to change with notice and are listed on our website at www.idahofreshfarms.org. Orders must total a minimum of \$10 per delivery day.

MEMBERSHIP CANCELLATION: If a new member is not satisfied with the products delivered on the first delivery day after joining the co-op, they may contact the co-op by phone within 48 hours of the next scheduled delivery and their membership may be cancelled and membership dues refunded in full. There will be no refund of the cost of products delivered. After the second delivery is completed, membership dues are non-refundable and membership may not be cancelled.

FOOD HANDLING: Food products, especially raw milk, require proper handling for consumer safety. Milk must be kept between a temperature of between 32-40° F, and eggs between 35-45° F. Therefore, products must be received by a person present at the delivery location or an appropriately chilled cooler. Coolers must be left in a location protected from sunlight. If there is no one available to receive products and there is not a suitable location to leave them, the products will not be delivered and considered a "missed delivery." Members are allowed two missed deliveries per year at no charge, and thereafter will be charged a \$15 missed delivery fee. The cost of products undeliverable due to a "missed delivery" are non-refundable but will be credited to the member toward future purchases.

PRODUCERS: Fresh Farms Co-op LLC accepts producers based on quality practices and quality products. Only producers whose practices meet or exceed co-op standards will be accepted into the co-op and must successfully pass random periodic inspections of their operation. In addition, Fresh Farms Co-op LLC requires producers to meet or exceed the state requirements, including standards for quality testing of raw milk. Testing results for each raw milk producer will be filed in the co-op records and be made available to members. Producers are required to provide a disclosure on the practices of their farm in regard to feeding and handling the animals and animal products, which will be made available to members upon request. Membership is binding and valid for one year following date of payment of membership dues.

ASSUMPTION OF RISK: Fresh Farms Co-op LLC strives to take precautions to maintain the integrity, quality and safety of products delivered. However, members assume all risks of consuming products delivered by Fresh Farms Co-op LLC, and shall not hold Fresh Farms Co-op LLC responsible for any damages or problems with the products purchased. If at any time product testing indicates a quality issue, consumers will be notified immediately. If any product is deemed unsatisfactory, please contact the co-op immediately and an inquiry into the problem will be conducted. Information regarding the benefits of and potential dangers of consuming raw milk may be found on our website at www.idahofreshfarms.org/raw.html.

PLEASE INITIAL THAT YOU HAVE READ AND UNDERSTAND THE INFORMATION ON THIS PAGE _____

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How did you hear about us? _____

Member(s) Name: _____

*Delivery Address: _____

*Billing Address (if different): _____

*Home Phone: _____

*Daytime Phone: _____ (for delivery issues)

*Email: _____

*WE WILL SEND INVOICES VIA EMAIL, PLEASE PROVIDE AN EMAIL YOU CHECK REGULARLY

I, _____ (please print your name), understand the risks of raw milk and raw milk products, I accept that risk and shall not hold Fresh Farms Co-op LLC responsible for any damages incurred. In the case of minors who consume products obtained through the co-op, the undersigned Member assumes liability for their safety.

I have read and understand the terms of membership and the contents of this contract.

Member(s) Signature

Date

Product Selections (you may change this at any time):

- Raw Cow's Milk (whole) Qty: _____ Frequency: _____
- Raw Cow's Milk (skimmed) Qty: _____ Frequency: _____
- Raw Goat's Milk (whole) Qty: _____ Frequency: _____
- Raw Cow's Cream Qty: _____ Frequency: _____
- Raw Cow's Yogurt Qty: _____ Frequency: _____
- Farm Fresh Eggs (Free-range) Qty: _____ Frequency: _____
- Local Beef (whole, half, quarter) Qty: _____ Frequency: _____
- Local Chicken/Turkey (whole) Qty: _____ Frequency: _____

What other items are you interested in buying? _____

Household Information:



With the benefits of raw milk come risks. For healthy people drinking clean raw milk, these risks are minimal. However, a very small risk of contracting an infection from a human pathogen in the milk (such as e-coli, salmonella, listeria, campylobacter) exists, as well as the possibility of reacting to the good bacteria in raw milk with minor symptoms. For this reason, we need a little information about your family’s size and health to help you reduce your risks as much as possible, by providing you information tailored to your needs. We also ask that you do not distribute raw milk products to individuals not part of your immediate family.

Number of members in your household:_____ Ages:_____

Please list any health concerns in the family (allergies, immune system issues, etc.):

HELPFUL HINTS:

Preparing for raw milk – Raw milk stimulates your immune system. For those who have not before consumed raw milk or who have immune deficiency, it may be a struggle for you and it could take time to become accustomed to this new, rich food. If you have a leaky gut and/or food allergies, you may need to repair and heal the walls of your digestive tract prior to it being able to process raw milk or other foods as a healthy gut would. Children may react to milk because of an immature immune system.

Immunity is earned – For normal digestive tracts, raw milk is wonderful and very effective at rebuilding your immune system and overall digestive ability. But remember, this is something that takes time. Modern Americans are subjected to harsh antibiotics, sterilized foods, preservatives, GMOs, chemicals in our air, water, food, kitchens, work environments, cars, soils and everywhere else. Our natural immunity has been compromised, and it may take patience to rebuild it. A strong immune system means that your body has “earned” its own ability to do battle and protect itself. Earning means it is not for free and it is harder for some people than others, so take it easy as you take positive steps to heal your gut and re-establish the balance of your inner ecosystem.

Ideas for slower going – A baby step could be drinking very small amounts of raw milk (six ounces for an adult) once every few days for the first couple of months. Remember that raw milk is a bio-diverse food containing many different wonderful bacteria, enzymes, and other living components. Your gut may take some time to get used to this living food. Common signs of your body saying "slow down" on your initial consumption of raw milk might be: gas cramps, a mild feeling of malaise, a low grade temp, diarrhea or other immune adjustment signs or symptoms. This is considered normal for some new raw milk consumers; it is a message to slow down and let the process proceed slower.

Please list any other requests, comments or questions:

PLEASE COMPLETE AND RETURN THIS APPLICATION TO: Fresh Farms Co-op LLC
(there are two spots to initial and one signature required) 5525 Airport Road
Nampa, ID 83687

PLEASE INITIAL THAT YOU HAVE READ AND UNDERSTAND THE INFORMATION ON THIS PAGE _____